



ELM  
ACADEMY

18<sup>th</sup> June 2018

Dear Parent/Carer

This term we will be discussing the **NSPCC's PANTS rules** in our PSHE lessons.

During these discussions we will aim to teach our pupils the following important safety skills without giving explicit information or telling scary stories. We will be teaching our pupils how to stay safe by learning the PANTS rules, which the NSPCC have developed to be like a Green Cross Code for staying safe from sexual abuse.

PANTS stands for:

- **Privates are private.**
- **Always remember your body belongs to you.**
- **No means no.**
- **Talk about secrets that upset you.**
- **Speak up, someone can help.**

The lessons will introduce a range of ideas, all delivered in a way that's full age-appropriate, empowering pupils without using any frightening words.

These include:

- **good and bad touching**
- **your child's right to say no to things that make them feel upset or uncomfortable**
- **naming parts of the body**
- **who your child can turn to if they ever feel upset or worried.**

If you would like to know more about the NSPCC's campaign and learn how you can help keep your children safe in partnership with [child's school], more information can be found at [nspcc.org.uk/pants](http://nspcc.org.uk/pants)

If you have any questions or concerns please don't hesitate to get in touch.

Mrs J Fish  
**Principal**

Elm Academy  
Sian Thomas, BEd (Hons), CEO - AAT  
Alexandra Prout, BA (Hons), Director of Primary Education  
Jo Fish, BA Ed (Hons), Principal

[www.elm-academy.org.uk](http://www.elm-academy.org.uk)  
E [elm@leaf.bournemouth.sch.uk](mailto:elm@leaf.bournemouth.sch.uk) T 01202 574212  
Holloway Avenue, Bournemouth, Dorset, BH11 9JN

  
**AMBITIONS**  
Academies Trust



Part of Ambitions Academies Trust