



Sex and Relationship Education Policy

Reviewed: January 2017

Next review date: January 2018

At Elm Academy we believe that Sex and Relationship Education should be taught at the age and maturity of the pupils and as part of the Personal, Health and Social Education framework. In promoting pupils' spiritual, moral, social and cultural development we seek to prepare them for responsibilities and experiences of life. The programme of health education leads up to a detailed study during the Summer Term by Key Stage 2. It will endeavour to help pupils to respect themselves and others, moving with confidence from childhood through adolescence into adulthood. It will help prepare pupils for the opportunities, responsibilities and experience of adult life.

Aims & Objectives: Our Sex and Relationship Education programme will reflect the school ethos and demonstrate and encourage the following values:

- Respect for self, giving children the basic knowledge about the functions of their own bodies as well as making it possible for children to question and discuss body and sexual matters.
- Responsibility for their own action by developing healthy safe lifestyle choices.
- Respect for others by developing and encourage an attitude of care and responsibility in family life. Learn the significance of stable loving relationships within the family, community and society.
- Develop confidence in talking, listening and thinking about feelings and loving relationships.
- Responsibility for their family, friends, school and wider community by learning to take care of themselves and others.

Professional support and development:

1. Sex education will occur formally or informally in a number of school subjects or areas of the curriculum.
2. In responding to events e.g. new baby, teaching will be matched to the maturity of the pupils involved.
3. We recognise that parents are the key figures in helping children deal with the emotional and physical aspects of growing up. Our school's teaching will be complimentary and supportive to the role of parents, and parents are invited to preview videos and other resources which will be used, thus enabling them to discuss with their children any questions or comments they bring home. The programme is not intended to stand on its own as a separate unit. It is intended to be part of a theme on the human body and general health care undertaken by pupils.
4. Sensitive topics arising from children's questions will be answered in an honest and unbiased ways taking into account the age and maturity of the children.
5. Parents have the right to withdraw their children from all or part of sex education outside that covered by the Science National Curriculum.
6. At all times questions will be carefully and straight forwardly answered and care will be taken to encourage the importance of good relationships and respect for the differences between people to provide a balanced view.
7. Children raising explicit or sensitive issues will be encouraged to speak with their parents.